



Maternal Mental Health Day!

May 2, 2018

Behavioral Health Pavilion, rm. 1233 at 12pm
Hosted by Banner UMC Behavioral Health-South Campus

Maternal Mental Health is a priority!

Please join us as we bring visibility to this problem and continue to combat the social stigma. Our goal is to educate about the current burden of disease as well as discuss various community resources.

We will provide light refreshments.

Speakers include:

Dr. Ole Thienhaus Chair Department of Psychiatry

Dr. Saira Kalia Perinatal Psychiatrist, Associate Program Director, Psychiatry Residency

Joy Subrin SW OBGYN Department Certified Integrative Health and Lifestyle Professional

Valerie Kading DNP, PMHNP, TPDC Board of Directors, COO Sierra Tucson.

Dr. Heather Miller, Ob Resident

As well as others from the community and local legislature

- 1 in 4 women have a mental health problem during pregnancy and in the first year following birth.
- Over 75% of women do not get diagnosed and do not receive adequate treatment and support.
- Not having adequate treatment has important consequences for the mother, the baby, the family, and society in general.



For more information and to RSVP please contact Dr. Kalia at skalia@psychiatry.arizona.edu

Or Kristen Yungert at kristenyungert@email.arizona.edu

